

WELLNESS COLLECTION



You have chosen the ultimate wellness experience!

Create your own ritual!

DUNE MASSAGE

Traditional relaxing massage, stimulating the oxygenation and nourishment of muscular tissue, in addition to revitalising your immune system and the metabolism of internal organs. Your skin will feel radiant and renewed by our selection of natural oils, while your spirit departs toward the profound, peaceful rest of wellbeing.

60min | 90min

CURE FOR ALL ILLS

Eradicate stress and mental strain with a combination of muscle manipulation and Mayan herbal compresses specifically designed to release tension, strengthen the immune system, and reinvigorate internal organs. Your body will be blessed with a loving cure from the skilled hands of our artisans a cure of positive vibes only followed by an elixir of restorative herbal tea.

60min | 90min

XÍIW CANNABIS

Mayan body massage, drawing from ancient Mayan tradition and the riches of Mother Earth to form a loving embrace of vital energy helping us to unblock and rebalance our own. The bountiful properties of CBD oil (therapeutic grade cannabis) are used to profoundly stimulate your muscle tissue, and by activating specific channels in your body's meridian system, will carry you to a state of absolute wellbeing.

60min | 90min

WOOKO'OB

Our feet are an essential part of our being, with nerve endings receiving stimuli that carries over to, and can affect, our internal organs. These stimuli can be catalysed through our ritual of Mayan Reflexology, revitalising and reactivating the nerve endings that channel energy to our internal organs, thus restoring wellbeing and balance. Includes a foot wrap treatment, followed by a massage on specific acupressure points and meridian channels throughout feet, head, shoulders, and neck, accompanied by soothing natural aromatherapy. Your body will be eternally grateful for the loving care you have granted yourself!

60min

KUXTAL JOURNEY | 90min

A ritual created as a celebration of life itself, beginning with an exfoliating blend of Mayan honey and the smooth sand of the Caribbean, followed by a massage to rid the body of energetic blockage. Accompanied by the sound of the sea, a Táankelem (youth) facial, and ending with an elixir of revitalising tea.

TUUNICH JOURNEY | 90min

Receive all the care and timeless energy of our stone massage, which uses a carefully curated mixture of river stones and quartz crystals to harmonise your internal equilibrium. Thereby priming you to receive a facial treatment both nourishing and revitalising, based on all natural ingredients such as oatmeal and honey, and accompanied by amenities that will continue to delight your senses and wellbeing.

YAAKUNAJ JOURNEY | 100min

A voyage of wellness for two! Enjoy an energy cleanse and followed by a ceremony of love...your skin will experience a luxurious exfoliation of bamboo beans and Mayan honey, followed by an affectionate and gentle herbal massage, both regenerative and reinvigorating, and at the end of this journey with your significant other, enjoy a helping of exotic and exquisite bites, and a red fruit elixir brewed to breathe new life into your passion, balance, and wellbeing.

LUÚM EMBRACE JOURNEY | 90min

This ritual is a gift from the land, offering you the blessings of tamarind with its anti-inflammatory, diuretic, and purifying properties. Begin by cleansing the dermis with a revitalizing, regenerative exfoliation, thereafter enveloping your skin in the warm embrace of a tamarind body wrap, allowing you to continue into a reenergising and slimming massage experience. During your corporeal embrace, you will undergo Podal reflexology, enlivening your sensory nerves and clearing any blockages of your internal energy, vitality, and levity.

FACIAL COLLECTION



SPA

Pure vitality for your skin!

TAANKELEM FACIAL | 90min

Anti-aging facial with ozonized ingredients concocted into Magisterial Formulas from traditional Mexican herbal medicine. Includes an energy blockage clearing ritual and scalp massage before proceeding to the application on face and décolletage, receiving the superb benefits of this treatment after your initial energy restoration. Make your skin look TAANKELEM, radiantly youthful!

HA FACIAL | 60min

Rehydration treatment for any and all skin types, which uses Magisterial Formulas specifically tailored to your skin's type and needs. We begin by preparing your body with an acupressure back massage (10 minutes), followed by the application procedure of this rehydrating and replenishing facial treatment; you will be feel as radiant as the Caribbean sun!

MÁAK FACIAL | 60min

A nurturing and stabilising facial specifically catering to male skin, helping to purify the beard and moustache areas, cleansing open pores, and oxygenating skin on a cellular level via the benefits of ozonized active ingredients used to formulate the Apotheca Mía line. Before commencing your application procedure, you will receive an energy blockage clearing ritual and soothing natural aromatherapy.

CHAN FACIAL | 30min

A rapid recovery facial to rehydrate and replenish your skin, with all the benefits provided by the ozonized minerals and active nutriment used by the Apotheca Mía line of products.

Includes cleansing, restoration of the skin's PH balance, exfoliation (when necessary), and a thorough rehydrating massage. Pure vitality for your skin, applied in a heartbeat.

TERAPIAS



SPA

Revel in the energy of the universe!

REIKI | 45min

Receive the Universe's benevolence and wellbeing! The ancient practice of reiki aims to restore the equilibrium of your energy centres, allowing you to find your own direction on the vital pathway towards a state of conscience, love, and wellbeing. The philosophical pillars that reiki is based on are: be grateful for life, be harmonious with your surroundings and with other living beings, enjoy the present, and cultivate a healthy mind and a serenity of being.

TIBETAN SINGING BOWLS | 45min

Continuous vibrations produced by a specific type of standing bell produce vibrations akin to a sonic massage. Let these guide you towards profound meditation and self-healing. Restore your state of physical and emotional wellbeing, and gratefully accept the spirituality of your being.

All treatments from our Wellness Collection include our water ritual, shower rooms, Jacuzzi, and the use of rest areas within the Spa, as well as discounts on purchases of take-home Rituals.



Available every day from 9:00 a.m. to 5:00 p.m.